

Riverside Community College  
Photo 14 Lighting & Portraiture  
Gene Sasse | questions - gene@genesasse.com or 909-941-3993

**Assignment 2: Still Life | Food**

**Due:** Mar 2nd

**Format:** Digital | Color

*"Eating is so intimate. It's very sensual.  
When you invite someone to sit at your table  
and you want to cook for them,  
you're inviting a person into your life"*  
**Maya Angelou**

This assignment is to create a food still life on location. The subject matter is any food item, fruit, vegetables, cheese, meat or any eatable food (no fake food) what you choose is totally up to you as the photographer, make sure you have multiple items. The items should somehow relate to each other and be a pleasing composition. Short dimension 9 in.

A still Life gives you a lot of creative control over your subject. You have time to set it up in a pleasing composition and plan for lighting, two very important aspects of this type of photography. Whether or not commercial Still Life is an area you want to enter professionally, practicing in a still life context will give you a better understanding of directing light for maximum impact.

17 Tools for Food Styling | 20:23

<https://youtu.be/iXxQujmYLus>

6 Tips for Building A Better Props Collection | 15:52

<https://youtu.be/d9Y4TZd6fII>

Composition and Cropping for Food Photography - LIGHTROOM TUTORIAL | 15:53

<https://youtu.be/r1bCL9h9yxM>

Behind the scenes of a RESTAURANT photo shoot with a PRO STYLIST | 12:07

<https://youtu.be/l2FbQPTeytc>

Dark Food Photography | 17:16

[https://youtu.be/qX\\_Gy69U41I](https://youtu.be/qX_Gy69U41I)

HOW TO IMPROVE YOUR FOOD PHOTOGRAPHY | 14:25

<https://youtu.be/EMmHixjZXTs>

